

In his 'History of Berwick-upon-Tweed' of 1799, Dr. John Fuller wrote:

"The aspect of ice houses should be towards the east, or south-east, for the advantage of the morning sun to expel the damp air, as that is more pernicious than warmth, for which reason trees, in the vicinity of an ice house, tend to its disadvantage. The best soil for an ice house to be made is in chalk, as it conveys away the waste water without any artificial drain; next to that, loose stony earth, or gravelly soil. Its situation should be on the side of a hill, for the advantage of entering the cell upon a level."